

GET HELP

Connecting with community services is as easy as dialing 2-1-1.

2-1-1 is a free one-stop information and referral service for Monroe County that provides easy access to human services in our community.

HELPLINE FOR MONROE COUNTY

2-1-1[®]

Get Connected. Get Answers.

2-1-1 will help eliminate guessing, confusion, and helplessness.

Services and resources we can help you find:

- Shelters/housing
- Food/clothing
- Rent/utility assistance
- Transportation
- Opioid abuse information
- Early Intervention Services
- Mental health services
- Development
- Legal/consumer
- Credit counseling
- Public assistance programs
- Where to donate food, clothes, furniture, & time
- Aging parent assistance
- Support groups
- And more

(855) 567-5341
poconoinfo.org
info@poconoinfo.org



Pocono Mountains
United Way

